OV HC Ohio Valley Health Center

423 South St.
Steubenville, Ohio 43952

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STEUBENVILLE, OH
PERMIT # 37

Where It's Free to Be Healthy!

- "Free to Be Healthy 3.0" diabetic education program, including assistance with medications and obtaining lab work, free home blood pressure cuffs, blood sugar meters and test strips, and consultations with Dietician and Pharmacist
- Primary care services and basic physicals
- Onsite lab testing
- Chronic care, e.g. high blood pressure, diabetes, cholesterol, etc.
- Acute care, e.g., colds, earaches, suture removal, etc.
- Onsite pharmacy & Prescription Assistance Program for free medications from pharmaceutical companies
- Behavioral health counseling
- Mammograms through BCCP
- Dental and vision services provided through referral program
- Referral resources for outside testing and specialty care
- Colorectal cancer screening
- COVID 19 testing
- COVID 19 & flu vaccines
- Wound care & minor procedures
- Homeless shelter outreach on Mondays with small triage area & exams provided

OVHC is a Proud Partner of:

Charitable Healthcare Network · GuideStar · United Way · NAFC · Women's Giving Circle

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Where It's Free To Be Healthy!

423 South Street, Steubenville, OH 43952 | ovhealthcenter.org | (740)283-2856

2nd Quarter 2026

The Best Nursing Job I Never Knew I Wanted

As I prepare to retire, I have been reflecting on what an incredible privilege it has been to serve our community through the Jefferson County Fourth Street Health Center and later Ohio Valley Health Center. I often say that this has been the best nursing job I never knew I wanted, and that remains as true today as it was when I first stepped into this role in 2008.

The greatest reward has never been titles or recognition, but knowing I had a small part in making someone's life better—and, in many cases, helping to save lives. Every patient story has reminded me why this work matters.

I have been blessed to work alongside an extraordinary staff who always had my back and represented every leader's dream team. Dr. Nandra, Connie, Michael John, Juliett, and Amanda are among the most dedicated and hardworking people I have ever known, and working beside them has been one of the greatest blessings of my career.

Many years ago, I realized that I have never accomplished anything alone. Each day began with prayer that we would do good work, remain faithful to the Lord, and give Him glory for every accomplishment. I am grateful for God's guidance and for the many people He placed in my life along this journey.

My heartfelt thanks go to our volunteer providers, volunteers, Board of Directors, donors, and community partners. Whether providing medical care, folding newsletters, cleaning, serving on the Gala Committee, supporting our events, or investing financially in our mission, each of you has helped make this work possible. No matter what idea surfaced during a planning meeting, the response was often, "Yes, we can do that!" Ohio Valley Health Center would not be what it is today without your faithful support.

I am especially grateful for my family. My sons and daughters-in-law have always been willing to jump in and help however needed. And to my beloved husband, Clint—thank you for being my constant support, my editor, my voice of reason, and the love of my life. I am oftened asked, "What's next?" I don't have grand plans. I am not disappearing from the community or from the clinic. I simply look forward to a new season of faith, family, and service.

I believe good leadership means knowing when it is time to step aside and allow new leaders the opportunity to grow an organization in ways we may never have imagined. My hope is that Ohio Valley Health Center will continue to grow, thrive, and provide even greater care for our community. I encourage you to continue supporting the clinic and its future leadership just as faithfully as you always have.

Thank you for your friendship, your prayers, your support, and your commitment to this mission. Serving alongside you has been one of the greatest honors of my life.

With heartfelt gratitude,

Ann Quillen,
Executive Director
Ohio Valley Health Center

Meet Ray Scurry

Helping people who might have fallen through the cracks is one of the many important goals of the Ohio Valley Health Center.
And for that, Ray Scurry is a thankful man.

After being diagnosed with colon cancer, Mr. Scurry underwent surgery at Ohio State University's Wexner Medical Center, where about half of his colon was removed. While specialists handled his cancer treatment, Ohio Valley Health Center continued manage diabetes and hypertension.

"Once a patient is diagnosed with that kind of disease, they have to see a specialist," said Executive Director Ann Quillen. "But we can walk alongside them through treatment, managing conditions like diabetes and hypertension and making sure they have the medications they need."

Mr. Scurry credits the health center staff for helping coordinate his care. "They kept a binder for all of my doctors," he said. "Diann Schmitt stayed in the loop and kept me going."

After a period without insurance, Mr. Scurry delayed seeking care and later learned he was at risk for a stroke or heart attack. He returned to Ohio Valley Health Center, where he now receives ongoing care from cardiologist Dr. Charn Nandra, along with lab work, diagnostic testing, and medications, including insulin.

"One of our main goals is to provide as much care as possible during a patient's visit," Quillen said. "We want them to leave with the tests, treatment, and medications they need." For Mr. Scurry, that support relieves a major burden. "When you leave Ohio Valley Health Center, they make sure you have what you need," he said. "That takes a lot of stress off a person and helps you focus on getting better."

What's Been Happening at OVHC

Breast & Booty La Boum!

WOMEN'S HEALTH EVENT - April 11th
an educational event focused on women's health, menopause, breast cancer, heart and bone health.

WOMEN'S HEALTH EVENT - May 27th
with free PAP Smears, lab work & hormonal screening.
Mammograms scheduled for later date.

MINORITY HEALTH MONTH EVENTS

HEART EVENT - April 14th
an educational event focused on heart health, understanding blood pressure, free ekgs and bp cuffs.

"EAR"IGATION EVENT - April 21st
an educational event focused on ear health. an audiologist provided earwax evaluations & removal, exams for ear infections.

Mark Your Calendars
August 15th 2026

- **DOUBLE ELIMINATION**
- **CO-ED (MIN. 2 WOMEN)**
- **REGISTER BY: AUG 14th AT 12 PM**

The annual OVHC kickball tournament is a delightful way to engage and entertain the community, all while raising funds for the important work being done at OVHC, which ultimately benefits the community.

Want to Join the Fun?
Call 740.283.2856

Round 3 - FARMacy WV Program!

This impactful initiative delivers fresh, locally grown produce to 70 diabetic and hypertensive OVHC patients over a 15-week period during the warm harvest months. Scheduled to conclude in mid-September, the program provided each patient with $25 worth of nutritious produce weekly. The fresh food is sourced through our FARMacy WV grant in partnership with a local farmer in Smithfield, Ohio. This much-needed nutritional support is helping patients better manage their health through improved diet and access to fresh vegetables.

Volunteering Is Good for Your Health!

Did you know that volunteering is good for more than just the people you serve? Studies have shown that volunteering can reduce stress, improve mood, increase social connections, and even contribute to better overall health and well-being. Simply put, helping others helps us, too.

At Ohio Valley Health Center, our volunteers are the heart of our mission. Whether you are a nurse, phlebotomist, data entry specialist, organizer, or someone who simply wants to make a difference, there is a place for you on our team. The best part is that you volunteer when your schedule allows. Whether you can give a few hours a month or a few hours each week, your time and talents help us provide compassionate care to those who need it most. If you've been looking for a meaningful way to serve your community, we invite you to join the OVHC family. Together, we can make a difference —one patient, one family, and one act of kindness at a time.

To learn more about volunteer opportunities, call Ohio Valley Health Center today. We'd love to have you on our team!

To view the 2026 Gala Pictures by Rylee Pierce go to:
https://ryleepiercephoto.pixieset.com/gala2026/
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